**FREQUENTLY ASKED QUESTIONS & RESOURCE GUIDE**

**WHO SHOULD APPLY?**

Incorporated Idaho cities who are interested in updating their comprehensive plan to include a health focus or lens. Improving the health of the community should be a focus of the applicants.

**WHY SHOULD YOUR CITY APPLY?**

There are very few grants that support this work in Idaho. Our goal is to help cities that have a desire to improve the health of their community through planning.

**WHAT ARE THE SOCIAL DETERMINANTS OF HEALTH?**

The social determinants of health are the conditions in which people are born, grow, live, work and age. These conditions impact our health. Learn more by viewing [this report](https://www.bcidahofoundation.org/healthy-idaho/) about social determinants of health in Idaho.

**WHAT IS THE COMMUNITY ENGAGEMENT ASPECT OF THIS GRANT?**

Enhanced inclusive community engagement produces more education, information and public input around health needs and outcomes of the community. Grantees should plan on engaging a variety of community members in creative ways providing education and a place for community input. Educational community opportunities may include pop-up demonstration projects, multilingual materials, place-based audits in underserved communities or focus group meetings with nontraditional partners such as churches, cultural centers or youth centers.

**WHAT IS THE TIMELINE FOR EXECUTING THE GRANT?**

The comprehensive plan update should be completed by the end of 2023.

**HOW WILL THE BLUE CROSS OF IDAHO FOUNDATION FOR HEALTH BE INVOLVED IN THE GRANT?**

The Blue Cross of Idaho Foundation for Health will provide technical assistance and support to grantees if requested. The Foundation will not provide input on specific agencies that grantees may choose to work with or on specific outcomes and content of the updated plan. The Foundation staff will have regular status check-ins with The City to receive progress updates.

**USEFUL RESOURCES FOR GRANT APPLICANTS**

Driggs Plan: <https://www.driggsidaho.org/comprehensive-plan>

APA toolkit : <https://www.planning.org/publications/document/9201866/>

Change Lab Solutions: <https://www.changelabsolutions.org/>

Building Healthier Idaho Report: <https://www.bcidahofoundation.org/healthy-idaho/>